

9 day tour in northern Laos – February 2023

DAY 1

Meet your guide and your new friends at the Hotel for a welcoming breakfast and a briefing.

After enjoying breakfast, begin the day with the famous **Kuang Si waterfalls**.

Pass by lush rainforest and turquoise natural pools and hike to a remote part of the waterfall to take a bath in the cool and clear water.

Reward yourself with a panoramic picnic by the water.

Continue the day with a visit of **Ock Pock Tock center**.

End this first day with a **sunset cruise on the Mekong River** and an appetizer.

Dinner at the **Night Market**.



DAY 2

Wake up early morning to observe the **alms-giving ceremony**. Taste some Lao sweets from the morning market and contribute by offering sticky rice and Khao nom to the monks.

Take a short hike up **Mt Phousi** and enjoy great panoramic views.

Breakfast at the hotel before hopping on a bike to discover the ancient royal city of Luang Prabang.

Explore the town by driving along beautiful colonial French architecture and ancient temples, including **Wat Sen**, **Wat Visoun**, and **Wat Xieng Thong**.

Back in town, support **NK SEEDS** by eating in its local restaurant, **Family Bakery**.

After a tasty meal, discover the famous **Phousi Market**.

End the second day with happy hour cocktails and **Lao barbecue along the Nam Khan river view**.



DAY 3

Start your day with breakfast and prepare to leave Luang Prabang. Buckle up for a 3-hour drive in the northern jungle to **Nong Khiaw**.

After lunch, take some time to discover the village and walk on the famous bridge surrounded by plenty of gorgeous riverside guesthouses and local restaurants.

Then, take a 1-hour hike up to **Pha Daeng Peak Viewpoint** to watch the sunset on ragged mountain views on either side of the town.

Enjoy a barbecue while watching one of the most photogenic spots in Laos.

Overnight in tents on the top of the mountain.



DAY 4

Watch the sunrise on the sea of clouds that covers the city before hiking down and passing by the Nong Khiaw morning market.

After pausing for breakfast, discover **the NK SEEDS site** and immerse yourself in our team's daily life. You will get to see the backstage our organization, know more about our projects such as English education, communities support and plastic recycling.

Lunch with NK SEEDS team.

Walk to **NK English School** for English teaching.

Your entire day will end with a delicious dinner at the center.



DAY 5

This morning, enjoy breakfast overlooking **Nam Ou River** before 1-hour boat trip up north to **Muang Ngoy**.

Go for a village tour before to start walking to **Tham Kang Cave** to explore the depths and take a bath in the cool water.

Keep trekking through the rice fields and mountains until the beautiful **Ban Na** is just in time for lunch.

Take the afternoon to explore the areas and the villages around.

Dinner and **overnight in homestay**.



DAY 6

Enjoy a local breakfast surrounded by green nature and rice field before leaving this charming village to Muang Ngoy.

Then, let's kayak to **Sop Kong**, a village with an organic farm.

Stop in local primary school for **school supplies donation** and activities with the kids.

Head to **Tad Mook waterfall** and have some time to relax and take a bath.

Back to the farm. Have lunch with the family and spend the rest of the day discover the secret of rice cultivation and farm products. Learn also fishing and cook delicious typical Lao dishes.

Dinner together while enjoying a **campfire**, beers, and music under the stars.



DAY 7

Breakfast at the farm.

Slowly wake up with a peaceful boat ride on the river before beginning the adventure to **Na Luang** village. Boat moored, let's trek for **4 hours in the deep greenish jungle** and rice fields.

Lunch in Na Luang.

Visit of a NK SEEDS project.

Dinner and **overnight in homestay.**

(For those who don't feel like doing the trek, you can return to Nong Khiaw with the boat).



DAY 8

Start the day with a delicious local breakfast. Then, prepare for a 2-hour trek back to **Nong Khiaw**.

Afternoon off at the pool.

Later in the afternoon, reach the pier for a **dinner cruise** on the Nam Ou river and a special dinner.



DAY 9

Breakfast with the Nam Ou river views.

Minivan back to Luang Prabang.

Farewell lunch at Family Bakery.

